

Youth Advisor: APPG for Young Carers and Young Adult Carers inquiry

Role Description

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What is the project?

The All-Party Parliamentary Group for Young Carers and Young Adult Carers is a group of MPs (Members of Parliament) and Peers (members of the House of Lords) who are interested in making things better for all young carers and young adult carers.

Following their inquiry into life opportunities for young carers in 2023, they are doing a follow-up inquiry looking at the barriers to higher education, employment and training opportunities for young adult carers. This means they will be asking young carers, young adult carers and former young carers, and organisations whose job it is to help them (like young carer projects, universities, local councils etc) what challenges young adult carers face in accessing the same opportunities as their friends when they officially become an adult.

Role purpose

To be involved in supporting the MPs and Peers with the inquiry, including the designing, reporting, and disseminating of the APPG Inquiry report.

Role duration

This role will support the inquiry from May 2025 to November/December 2025.

Working with others

In this role, you will be working as part of a group including other young carers/young adult carers, Carers Trust staff and members of the APPG. In particular you would work with:

- Andy McGowan, Policy and Practice Manager, Carers Trust
- Lucy Brinkley, Policy and Practice Officer, Carers Trust
- Chris Vince MP, Chair of APPG for Young Carers and Young Adult Carers
- Alison Bennett MP, Vice-Chair of APPG for Young Carers and Young Adult Carers
- The Communications team at Carers Trust

Who can take part?

This role is for young carers/young adult carers aged from 16 up to 25.

A carer is anyone who cares, unpaid, for a friend or family member because of illness, disability, a mental health problem or an addiction,

Details of how to get involved are at the end of this role description. Please read the rest of this information, and we would love to hear from you if you're interested!

What will I be doing?

The APPG for Young Carers and Young Adult Carers want the advice and expertise of young people at every stage of the inquiry. As a youth advisor:

- You will help us design the questions which we ask
- You will help us to promote the inquiry and encourage young carers/young adult carers to get involved and have their say
- You will work with us to review the evidence and come up with recommendations for Governments and other organisations
- You will help us to launch the report at an event in Parliament
- You will have the chance to get involved with media and social media

In terms of a time commitment, with the exception of the launch event, it would be a maximum of a couple of hours every two to three weeks.

We will also be looking for two of the youth advisors to be **co-chairs of the inquiry**. This additional role would involve them:

- Facilitating an online consultation (evidence) session with young carers from across the country (we would help you with this!)
- Taking part in additional meetings with the inquiry chair
- Taking part in evidence sessions with MPs and organisations we invite to give evidence (this would be a mix of online/in-person in September)

An overview of all the stages of the inquiry is provided below. All workshops will be online. The report launch event in November/December would be in-person at an event in Parliament. You would receive gift vouchers to acknowledge your contribution to the inquiry.

How to Apply

If you're interested in applying to be a youth advisor or one of the inquiry co-chairs, please complete the [online application form](https://appg@carers.org) by **Sunday 11th May**. If you need a word document version of the application form, please e-mail appg@carers.org.

Thanks for your interest and we look forward to hearing from you! If you have any questions or need help to apply, please e-mail Andy and Lucy on appg@carers.org

Youth Advisor – APPG inquiry - Timetable

Activity	Date	Description
Deadline for Youth Advisor applications	Sunday 11th May	We will notify young people of the outcome of application by Friday 16 th May
Introductory meeting: 1 hour workshop	Week commencing Monday 19 May	This will be an introductory online workshop to introduce ourselves the project.
Stage 1: Drafting the inquiry questions: 1 hour workshop	Week commencing 26 May	You will be invited to a workshop with Andy and Lucy to be part of designing the survey questions. We will also prep for the inquiry launch event
Stage 2: Inquiry launch: 1 hour webinar	Week commencing 9 June	You will be invited to join the online launch of the inquiry and help us to promote the inquiry
Stage 3: Interpreting survey results: 1 hour workshop	August	You will be invited to a training workshop on interpreting the survey results, with a focus on data analysis.
Stage 4: Co-chairs (but all welcome) – Young people's evidence session	Week commencing 25 August	Online evidence session for young carers and young adult carers to share their views
Stage 4: Co-chairs (but all welcome to observe) – Evidence sessions	Week commencing 8 September	We will hold 2 or 3 evidence sessions (mix of online and in-person) where organisations will be invited to give further evidence
Stage 5: Survey findings: 1 hour workshop	Week commencing 15 September	You will be invited to a workshop to look at the survey findings and decide which are the most important to include in the survey report.
Stage 6: Recommendations: 1 hour workshop	Week commencing 22nd September	You will be invited to a workshop to discuss the recommendations coming out of the inquiry.
Stage 7: Providing feedback on the draft report	October	There will be quite a few drafts of the report before we agree on the final one. We want your feedback on each version, and you will be invited to give your feedback by email on the content of the report and then the design of it.
Stage 8: Involvement in sharing and presenting the final report	November/December	The APPG will launch the report later in the year at an in-person event in Parliament. There will be many ways to be involved in this, from speaking at the launch event in Parliament, to doing interviews for the media.