

## APPG on Obesity Virtual Event

### All-Stakeholder Meeting

Tuesday 8<sup>th</sup> February 14:00-15:30

#### Overview

---

The All-Party Parliamentary Group (APPG) on Obesity is a cross-party group of Parliamentarians in the UK Parliament of Westminster. On Tuesday 8<sup>th</sup> February, the APPG held its all-stakeholder event which featured presentations about recent Government policy announcements on obesity, Integrated Care Systems, priorities for obesity-related research and the importance of the patient voice.

#### Format and speakers

---

##### Speakers:

- University of Oxford Priorities for Obesity and Weight-related Research (POWeR) team – Dr Ailsa Butler, Professor Susan Jebb, Professor Paul Aveyard
- Maggie Throup MP, Minister for Vaccines and Public Health
- Susannah Howard, Programme Director, Suffolk and North East Essex ICS
- Sarah Le Brocq, Obesity Advocate and Public Speaker
- Sir Keith Mills, Government Advisor on the Health Incentives scheme

##### Parliamentarians:

- Baroness Jenkin of Kennington - Chair
- Lord Best
- Lord Bethell
- Dr James Davies MP
- Wera Hobhouse MP
- Lord McColl
- Jim Shannon MP
- Maggie Throup MP
- Baroness Walmsley

#### Discussion

---

The University of Oxford Priorities for Obesity and Weight-related Research (POWeR) team were first to speak and provided insight into their recent research which has produced a top ten list of priority questions for obesity and weight-related research, based on the James Lind Alliance Priority Setting Partnership model. The team presented on the methodology and findings and the implications for further research and policy.

Minister for Vaccines and Public Health Maggie Throup MP then gave an update on the Government's recent policy developments following the publication of the 2020 obesity strategy, including progress made on childhood obesity and calorie labelling. Ms Throup also outlined Government plans in the future including the launch of a food strategy early this year that aims to create a food system that is fit for future generations.

Sir Keith Mills then introduced the health incentives programme as a part of the Government's healthy weight strategy. To be piloted in Wolverhampton, the scheme will explore how to incentivise adults

to make healthier choices through a digital app. Sir Mills discussed the aims for the programme, highlighting that it was intended to inspire long-term behavioural changes.

Susannah Howard then gave an overview of the role that Integrated Care Systems (ICS) will have on obesity. Ms Howard spoke on the opportunities that joining up services across the NHS and Local Government could have for obesity services, including providing a more integrated weight management offer, with better access to weight management interventions and bariatric surgery.

The final presentation was provided by Sarah Le Brocq, who spoke from the perspective of someone with lived experience of obesity about the importance of including the patient voice in all discussions about obesity. Ms Le Brocq also announced that in the coming months, she would be launching a new patient-led organisation aimed at becoming the go-to resource for those with obesity. She invited stakeholders to get in touch with her if interested in the new initiative.

## Agenda

---

14:00 – 14:05	Welcome from APPG Vice-Chair, Baroness Jenkin of Kennington
14:05 – 14:10	Update from the Secretariat
14:10 – 14:25	Priorities for Obesity and Weight-related Research – Dr Ailsa Butler, Professor Susan Jebb, Professor Paul Aveyard
14:25 – 14:30	Q&A
14:30 – 14:35	Update on Government Work and Priorities on Obesity – Maggie Throup MP, Minister for Vaccines and Public Health
14:35 – 14:40	Q&A
14:40 – 14:50	Update on the Government’s Health Incentives Scheme – Sir Keith Mills
14:50 – 14:55	Q&A
14:55 – 15:05	Integrated Care Systems and Obesity Services – Susannah Howard
15:05 – 15:10	Q&A
15:10 – 15:20	Presentation on New Obesity Organisation – Sarah Le Brocq
15:20 – 15:25	Q&A
15:25 – 15:30	Summary and closing remarks